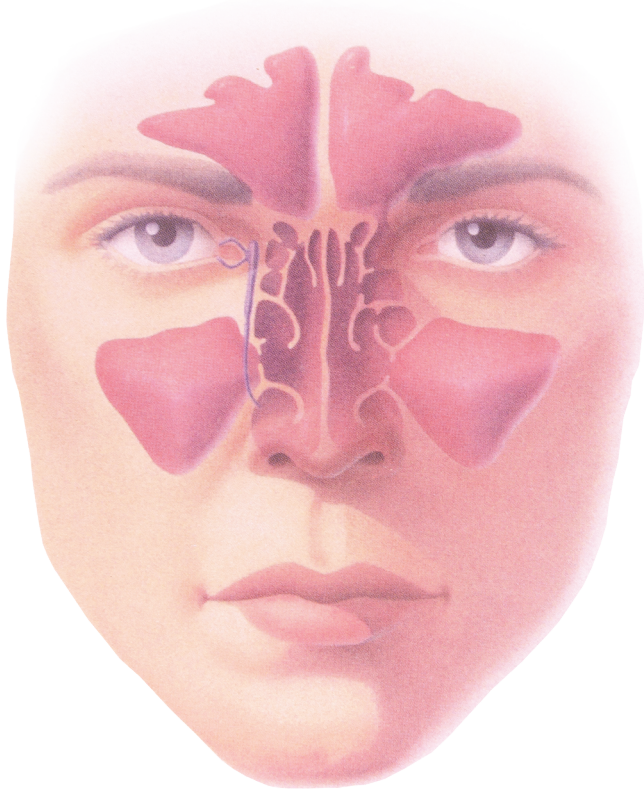


Endoscopic sinus surgery & cosmetic rhinoplasty

If you suffer with chronic sinusitis and also wish to alter the look of your nose, it makes sense to combine both **endoscopic sinus** and **cosmetic rhinoplasty** procedures. Both are minimally-invasive, healing time can decrease, and patient costs can be lowered.



Six Suburban Philadelphia Locations

East Norriton

BergerHenry ENT Center
(601) 279-7878

Chestnut Hill

Chestnut Hill Medical Bldg
(215) 248-2400

Roxborough

Jamestown Medical Bldg
(215) 482-3100

Lansdale

Montella Crossing
(215) 362-6700

Willow Grove

Regency Towers
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Oaks (Phoenixville)

The Oaks Medical Center
(484) 392-7230

RELIEF

from

CHRONIC SINUSITIS
NASAL CONGESTION

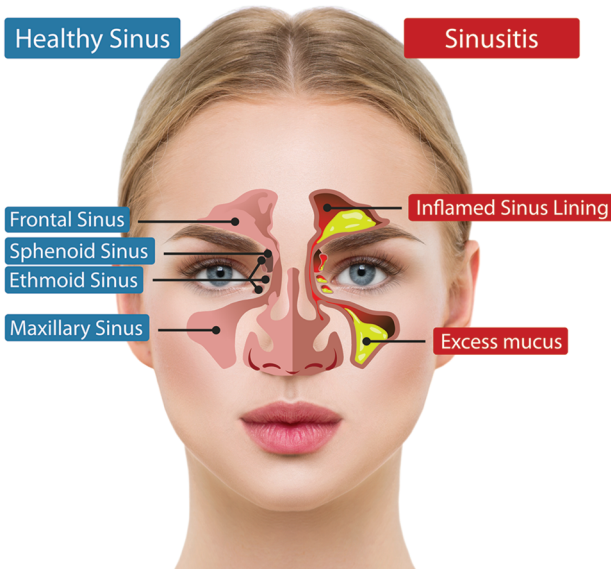


CALL US FOR AN APPOINTMENT
(610) 279-7878

BergerHenryENT.com
60 West Germantown Pike, East Norriton, PA 19401

What is chronic sinusitis?

Chronic sinusitis occurs when the sinus linings swell and prevent proper drainage typically resulting in infections and blockages. One in eight adults suffers from chronic sinusitis annually and it is considered one of the most common health ailments in the U.S.



Symptoms of chronic sinusitis

At least two of these four primary symptoms must be present with *nasal inflammation* for a diagnosis of chronic sinusitis:

1) Thick, discolored discharge from your nose or drainage down the back of the throat, 2) Difficulty breathing through your nose, 3) Pain, tenderness and swelling around your eyes, cheeks, nose or forehead, and 4) Reduced sense of smell and taste in adults or cough in children.

Additional symptoms can include ear pain, aching in your upper jaw and teeth, cough that may worsen at night, sore throat, bad breath, fatigue or irritability and nausea.

Endoscopic sinus surgery

People with chronic sinus problems once had two options: take continuous and often costly medication for temporary relief, or undergo extensive surgery and hospitalization. BergerHenry ENT was among the first physicians in the Delaware Valley to offer a *long-lasting, safe and gentle cure for chronic sinusitis*. This revolutionary new procedure is called Endoscopic Sinus Surgery.

Minimally-invasive outpatient surgery No packing. No bruising.

Endoscopic Sinus Surgery is a minimally-invasive outpatient procedure performed under local anesthesia. There is limited discomfort with no expected bruising or swelling. No external changes are made. In most cases, no nasal packing is required. Downtime is limited allowing you to be up and around in 1-2 days. This surgery is eligible for coverage by most medical insurance companies.

Real Patients. Real Results.



"I traveled 65 miles to visit BergerHenry ENT. Not like my Lehigh Valley ENT's. Very knowledgeable and knew exactly what was causing my bad sinus infections. They diagnosed a deviated septum and suggested surgery. Results - like night and day just to say how much better I can breathe again. My ear stopped popping and I don't have any more serious sinus infections. This was one of the best moves I ever made. Hats off to the great friendly staff. You guys rock. P.S. wife loves ya...I don't snore anymore, either."

- Mike M., Bath, PA



"BergerHenry performed a miracle for me. I have had a deviated septum for 50 years and unable to have a complete night's sleep. Same day surgery and I am sleeping through the night because the deviated septum was fixed. Yeah!"

- Caryn, Horsham, PA

Balloon sinuplasty

Balloon Sinuplasty is an office-based option for some cases of chronic sinusitis. It is a state-of-the-art, safe and effective treatment performed under local anesthesia in our office. Surgeons across the United States are referred to our **Balloon Sinuplasty Center** to learn this groundbreaking technique.

How Balloon Sinuplasty Works

Similar to the way angioplasty uses balloons to open blocked arteries in the heart, **Balloon Sinuplasty** opens clogged and inflamed sinuses. Under a local anesthetic, a small balloon is slowly inflated, which gently widens and restructures the walls of the sinus passage without cutting and with minimal bleeding, helping to drain mucus from the blocked sinus and restore normal mucus flow. The balloon is then removed, leaving the sinuses open.

Benefits of Balloon Sinuplasty

- ★ Safe, effective and minimally-invasive
- ★ Decreased bleeding
- ★ No packing
- ★ Faster recovery
- ★ Less invasive than traditional sinus surgery

Real Patient. Real Results.

"Before Balloon Sinuplasty, I had chronic pain and headaches on both sides of my temples. I always felt congested, and my head felt foggy. What was neat about the procedure was that I drove myself there, drove myself out, and was only there for about an hour and a half.

The procedure took about 20 minutes and it was done in the office. Afterward, I drove back to work - the same day! My headaches are gone and I don't feel congested now. I feel better than I have in years to be honest with you. It is amazing! I am really glad I did it!"

~ Douglas, Chestnut Hill, PA